

Kendal Outreach's Pennsylvania Restraint Reduction Initiative will present a free educational workshop:

***“Fall Management: Alarms are Not the Answer”***

Now that you have eliminated physical restraints in your facility, you realize other problems have surfaced. No matter what time of day or night, alarms fill the tranquility and serve to “jangle” your nerves. What about the residents? Alarms are often seen as the first line of defense in fall management. Despite the use (and overuse) of alarms, residents in long term care are still experiencing a high rate of falls.

This session will examine the reasons we choose to “alarm” the resident and the resulting problems we create. Discover ways to strengthen your fall management process and the benefits of a team approach in order to accomplish positive person-centered outcomes.

**At the end of this session, participants will be able to:**

1. Examine the reasons alarms are used in long term care, and strategies for alarm reduction.
2. Identify common factors that increase a person's risk of falling.
3. Discuss critical thinking skills used in determining appropriate alternatives to alarm use.

September 21, 2010\*  
Ohesson Manor  
276 Green Avenue  
Lewistown, PA 17044

**\*Program will be held from 1:00 PM – 3:00 PM**  
**Registration begins at 12:30 PM**

**Who Should Attend?**

DONs, RNACs, RNs/LPNs, Social Services, Staff Development and, Administration

**2.0 Contact Hours for RN's**

Kendal Outreach, LLC is an approved provider of continuing nursing education by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Certificates for earned contact hours will be awarded to nurses upon full attendance of the presentation and receipt of the completed evaluation.

Kendal Outreach, LLC is not receiving any commercial support for this presentation, nor do we endorse any product in association with this presentation.

**How do I Register?**

Contact: Janet Davis at 610-932-8002 and leave your name, facility and number of attendees.

**Registration deadline is September 10, 2010. Space is limited!**

The **Pennsylvania Restraint Reduction Initiative (PARRI)** is a grant-funded project that assists nursing facilities within the Commonwealth to develop strong physical restraint reduction and medication review/reduction processes. As part of the PARRI's goal to provide on-going education and technical support to providers, a series of regional training site sessions and telephone conferences have been developed for 2010 that address topics pertinent to caring for residents within the long term or health care setting.

For more information, log on to **[www.parrri.kendaloutreach.org](http://www.parrri.kendaloutreach.org)** and click on the “Learn” link for program information.

The **Pennsylvania Restraint Reduction Initiative** is administered through KENDAL Outreach, LLC., programs and resources to enhance the lives of older persons, a subsidiary of The Kendal® Corporation.

